



Alaska Youth Soccer
2018 STATE CUP TOURNAMENT
US Youth Soccer Alaska State Cup Format and Rules

These rules apply to the US Youth Soccer Alaska State Cup competition.

1) ELIGIBLE AGE GROUP

12U-19U Boys and Girls

Qualified teams will register online to participate in the AYSA State Cup; teams are expected to pay the registration fee by the required deadline. Up until the three (3) week timeline prior to the event date any team that withdraws their registration by giving a written notice to AYSA; will only receive 50% of their registration fee as a refund. Any team that withdraws within the three (3) week window prior to the event will not receive a refund. (Refer to the 2018 State Cup Withdraw, Refund and Forfeiture Policy).

2) TEAM ELIGIBILITY

- The Alaska State Cup is open to Alaska Competitive Teams 12U through 19U, teams registered and in good standing with Alaska Youth Soccer Association and of their respective leagues can participate. Teams and players must be registered with Alaska Youth Soccer Association, have played in an Alaska sanctioned league with a valid team roster and US Youth Soccer/ Alaska Youth Soccer member passes for each player, to be eligible for participation.
- All players must be properly registered in accordance with US Youth Soccer, players must be currently living in Alaska and registered for play as a member of Alaska Youth Soccer. No out of state players may be rostered to teams. (Split custody in between different states situations must be discussed with the State Office prior to rostering).
- There are no guest players on State Cup rosters. All players must be properly registered and/or transferred to the team.
- A player may only play for one team entered in a State Cup (any state or region) during a seasonal year.
- Players must provide a current Medical Release; that will be in the possession of the Team Manager during State Cup.
- Teams must compete in at least a four-team sanctioned league prior to the USYS Alaska State Cup to qualify.
- Each roster must include Technical Area Staff (coaches, managers, trainers etc.). Only 4 Technical Area staff are allowed per roster and only 4 may be on the team bench at any time. Each adult must have a current US Youth Soccer/ Alaska Youth Soccer adult pass that matches the roster.
- DOC for clubs may be on team sidelines and must have an ID badge (provided by AYSA). If the DOC is on the sidelines, the Technical Area personnel limit remains at 4, including the club DOC.

3) ROSTERS, PASSES AND UNIFORMS

SECTION 1: ROSTER FREEZE DATE. Alaska Youth Soccer Event Rosters will be frozen in Bonzi on July 30, 2018.

SECTION 2: ROSTER REQUIREMENTS. Prior to the Roster Freeze Date, each team should validate the information entered into the U.S. Soccer Connect System.

- a) Team Rosters Limits;
 - 12U - 13U 18 players
 - 14U –19U- 22 players (only 18 dressed out per game); non-participating players may be on the bench but not in team uniform, nor wearing shirts that are the same color of their, or, the opposing team.
- b) All players listed on the AYSA On-Line Roster display:
 - Name as shown on proof of age document; and
 - Correct birth date for player; and
 - Jersey number
- c) Team Roster must list:
 - Name of State Association; and
 - Name of team, club, age group, and gender of team; and
 - Names, addresses, phone numbers of team officials (coach(s) and manager)
- d) The team roster and player member passes must be available during the team tournament games.

SECTION 3: PLAYER/COACH PASSES. Each player and team official listed on a team roster must carry US Youth Soccer/ Alaska Youth Soccer member pass with the current seasonal year, and current individual photograph.

It is recommended that player and coach member passes be:

- a) Laminated in plastic. No open sides or ends.

- b) Hole-punched in upper left-hand corner and placed on an open lock ring.
- c) In roster order on the ring.
- d) Coach/Assistant Coach cards also are placed on the ring.

SECTION 4: UNIFORMS. All players must wear same style jerseys (exception: goal keeper) player jersey must have sleeves. Each player shall have a number on the player's jersey. The number shall be affixed to the back of the jersey and shall be clearly visible. Each player on a team must wear a number different from the number of every other player including goalkeepers. Duplicate numbers are NOT permitted. Players MUST bring an alternate colored jersey which is also numbered with the same number as on the primary jersey. Home team listed first in the schedule will wear light colored jersey. Visiting team listed second will wear dark colored. No jewelry may be worn (allowances medical alert bracelet/necklace as approved by the referee).

A player or team official may only wear the logo of US Youth Soccer, the logo of Alaska Youth Soccer, their individual club and/or team logo or team sponsor logo, manufacturer uniform logo. Anything not conforming to the above must be removed, replaced, or covered before the player or team official may continue to remain at the game site or field of play. (Refer to the Team Uniform Policy)

The referee may use his/her discretionary judgment to resolve sock color conflicts. Any material on/covering the socks must be the same color as the part of the sock it covers (this applies to all material and not just tape).

4) CREDENTIALS PROCEDURES

All Teams shall be responsible to validate and certify that US Youth Soccer rules pertaining to team and player eligibility have been met at the time rosters and team credentials are prepared. Each team representative will be responsible to check-in their teams at a time and location identified by the Alaska Youth Soccer officials.

During Team Credentials, the Manager will:

- Sign Club/Team Affidavit of Certification (verified player name-no nicknames, correct birth date).
- Provide one (1) Team Roster (roster signed by coach/manager) verified by online State Cup Team Roster.
- Produce current Seasonal Year Player/Coach Member Passes for each player, and team official listed on Team Roster.
- Current Medical Release form for all players; that will be in the possession of the Team Coach or Team Manager.
- Verify that no player is restricted from playing due to a concussion received in League play.

State Cup Approved Roster- Roster will be approved/locked at Team Credentials; rosters will be sent to Head Referee prior to each game. Team will receive one stamped approved roster for reference.

When the above has been verified and approved the Alaska Youth Soccer Official/Credential Representative signature attesting all documentation is correct and true with the "Official Roster" designation will occur. Any last-minute tournament, schedule changes or events will be distributed during this time.

5) WEATHER, CONCUSSIONS, AND EQUIPMENT

SECTION 1: INCLEMENT WEATHER. In the event of inclement weather (refer; Lightning and Air Quality Guidelines) affects the competition, Alaska Youth Soccer officials reserves the right to make decisions concerning competition. Decisions of the Alaska Youth Soccer officials are final, not subject to appeal.

Assume the game will be played unless official notification is given. If a game is suspended, the following *may* apply:

- a) Unfinished games, due to any cause, will be replayed from the start or the point of stoppage, provided that neither team is at fault nor play has not begun in the second half.
- b) If play is stopped after completion of the first half and cannot be resumed as determined by the Alaska Youth Soccer officials, and provided neither team is at fault, the Alaska Youth Soccer officials may deem the game completed.
- c) If the game has less than 15 minutes remaining, and the score is the 3 points or more in differences, the game will be called complete and winner declared. Games called for weather may not be protested.
- d) Should play be stopped at any time due to one of the teams being adjudged at fault, it shall be at the discretion of the Alaska Youth Soccer officials as to whether the game is to be replayed, stand as is, or declared a forfeit.
- e) **High Heat Guidelines-** Game officials shall implement mandatory hydration breaks at least once during each half of play when the temperature exceeds 85, and twice per half of play when the temperature exceeds 95. Where scheduling problems occur due to set game starts, periods of play may be shortened evenly to accommodate the stoppage of play.
- f) Player Hydration Stations will be located throughout the facility for players to re-hydrate during the tournament.

SECTION 2: CONCUSSION PROTOCOL.

- a) US Youth Soccer Concussion Procedure and Protocol will be followed.
- b) Coaches are required to utilize the *Possible Head Injury/Concussion Notification* form if a possible concussion occurs.
- c) Players in the 12-U divisions are prohibited from deliberately heading the ball. If a player deliberately heads the ball in a game, and indirect free kick (IFK) should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the referee shall move the ball outside the penalty area and award an indirect free kick to the opposing team.

SECTION 3: EQUIPMENT.

- a) Shin guards are mandatory and no metal/removable cleats they are prohibited during tournament play.
- b) Alaska Youth Soccer will supply game balls. In the unlikely event that Alaska Youth Soccer officials do not provide a game ball, the referee will make a choice from balls offered by both teams. Game balls will be played using size #4 12U and U13, size #5 14U –19U

6) FORFEITURE PROCEDURES

SECTION 1: FORFEITURE RULE. In the event a team forfeits one of its preliminary games, the opposing team shall be awarded three (3) points for a win, and the forfeiting team zero (0) points for the loss. In the event a goal differential becomes a factor in tie-breaking procedures, the 4 goals awarded for the forfeited game shall be included in the calculation to determine cumulative goal differential. (Refer to the 2018 State Cup Withdraw, Refund and Forfeiture Policy)

- a) In the event a team cannot produce player/coach passes for each player, and team officials at game time; only the Alaska Youth Soccer officials or designate, will determine team eligibility to play; with the understanding, the passes or State printed passes will be provided by half time.
- b) Any team using an ineligible player(s) in a game will forfeit the game to the opponent by a score of 4-0. The team will not be allowed to continue to play in the State Cup Tournament.

SECTION 2: GRACE PERIODS. Any team not ready to play at the scheduled start time shall be granted a 10-minute grace period. A minimum of seven (7) players constitutes a legal team. Any team not ready to play at the expiration of the grace period shall be deemed to have forfeited the game. All situations will be assessed by Alaska Youth Soccer officials.

STATE DIVISIONS AND DURATION OF GAMES

Division	Birth Year	Game Length	Halftime	Overtime Periods (Semi-final/ Championship)	Field Size
19-Under	2000	Two 45 min. halves	10 minutes	Two 15 min. halves	11 v11
18-Under	2001	Two 45 min. halves	10 minutes	Two 15 min. halves	11 v11
17-Under	2002	Two 45 min. halves	10 minutes	Two 15 min. halves	11 v11
16-Under	2003	Two 40 min. halves	10 minutes	Two 15 min. halves	11 v11
15-Under	2004	Two 40 min. halves	10 minutes	Two 15 min. halves	11 v11
14-Under	2005	Two 35 min. halves	10 minutes	Two 10 min. halves	11 v11
13-Under	2006	Two 30 min. halves	10 minutes	Two 5 min. halves	9 v9
12-Under	2007	Two 30 min. halves	10 minutes	Two 5 min. halves	9 v9

RULES OF PLAY

The Rules of Play for the US Youth Soccer Alaska State Cup Competition shall be governed by the US Youth Soccer National Championship Rules and played under the “Laws of the Game” as published by FIFA with those modifications stated herein. A plea of ignorance to the rules of this competition will not be sufficient grounds for appeal or protest.

The Tournament Headquarters will be located onsite at the soccer facility. All questions relating to the qualifications of competitors, to interpretation of the rules, or any dispute or protest concerning the State Cup competitions, shall be referred to the Alaska Youth Soccer officials. The decision of the officials shall be final, not subject to appeal.

SUBSTITUTION. Substitutions shall be unlimited and made with the consent of the referee during any stoppage of play, except Penalty Kicks; the same applies to overtime periods. Substitute players must be stationed and ready to play at the center line when the call for substitution is made. Players may not exchange jersey with a player coming off the field.

MATCH MANIPULATION. Teams failing to compete in the spirit of the competition, or involved in the manipulation of a game result are subject to forfeiture and disqualification from all levels of Alaska State Cup competition, the Regional and National Championship programs under US Youth Soccer a) If failing to compete is observed, and confirmed by the Alaska Youth Soccer officials or designate, the Alaska Youth Soccer officials will give notice to the offending team or teams, and (b) If corrective action is not taken, the team or teams will be subject to disqualification.

UNUSUAL SITUATIONS/ MATTERS NOT PROVIDED FOR. Alaska Youth Soccer officials have the authority to modify any of these rules as deemed necessary to ensure the orderly progression of the event. The Alaska Youth Soccer officials shall also determine any matter not provided for in the tournament rules. The decision of the Alaska Youth Soccer officials shall be final, not subject to appeal.

DIVISIONS. For divisions with an **odd number** of teams, every attempt will be made to play the games in a round robin format. There may be no semi-final games, with the 2 teams with the most points advancing to finals. For divisions with **only one and two teams** entered; refer to the 2018 Single and Two Team Divisions-State Cup Policy.

OVERTIME PERIODS. (For Semifinal, and Championship games only) Tied at the end of regulation play, two complete overtime periods will be played. 12U the length of each overtime period will be 5 minutes, 13U- 14U the length of each overtime period will be 10 minutes. 15U -19U the length of each overtime period will be 15 minutes. If a game is still tied at the end of the prescribed overtime play, FIFA “Kicks from the Penalty Mark” rules will apply to determine the winner using the 9 or 11 players on the field at the conclusion of the second overtime and following the FIFA Laws of the Game.

AWARDS TEAMS AND PLAYERS. Players and coaches will be awarded individual medals. Team pictures will be taken by Alaska Youth Soccer officials; with parent opportunities. The Alaska All-State Teams will be announced the following week on the Alaska Youth Soccer Tournament Webpage.

CHAMPIONSHIPS. 2018 Winning teams (12U through 19U) will represent Alaska at the 2019 Far West Regional and Presidents Cup Tournaments. Refer to the 2018 State Cup Champion Teams Policy and Guidelines.

7) SCORING METHOD FOR PRELIMINARY MATCHES

In the preliminary rounds, team standings shall be determined by the accumulation of points awarded. There will be no overtime periods in the preliminary games. Ties will stand. Game Schedules/ Results can be obtained on-line on the AYSA website. On-line scores should be available within one hour after the conclusion of each match.

- Win: (including forfeit) 3 points
- Tie: 1 point
- Loss: 0 points

The singular exception to this rule is in those age groups that only have *two* (2) teams. Games will be played to win. If games are tied at the end of regulation play, then overtime periods will be played, followed by FIFA "Kicks from the Penalty Mark".

In those age groups with only *two* (2) teams, all three games will be scheduled, but the championship will be determined by the best out the 3 games (2 out of 3 wins). If a team wins the first two games scheduled the award ceremony will be held directly after the match conclusion.

8) TIE BREAKERS

In the event where two or more teams have accumulated an equal number of points within any group and are tied on the basis of points earned at the conclusion of preliminary play, the team's placement will be determined in accordance with the following sequential criteria. Tiebreakers will be considered in order until the tie is broken, then restarted to break the remaining tie. This tie-breaking procedure shall be used if necessary to determine 1st and 2nd place standings within a flight, as well as determining the best 3rd place teams:

- a) Winner in head to head competition
- b) Winner of the most games. The team with the most wins advances.
- c) Cumulative goal differential between goals scored and goals allowed in all games played within the team's flight. maximum difference allowed is four (4) goals per game
- d) Fewest goals allowed in all games played within the team's flight
- e) Kicks from the penalty mark per FIFA law. This tie-breaking procedure shall be used if necessary to determine 1st and 2nd place standings within each flight

More than Two Teams Tied; If more than *two* (2) teams are tied at the end of the preliminary round, the tie-breaking criteria listed will be used in the order shown, beginning at (b), to either advance or eliminate one team. The remaining teams will then be compared, beginning with criteria (a) to determine the final placement.

9) GAME DAY AND FIELD COMPLEX

SECTION 1: TECHNICAL AREA. The coach may convey tactical instructions to players during a match. The coach and other team officials, however, must stay within the confines of the technical area where such an area is provided, and they must conduct themselves in a responsible manner. Team officials must have on hand and display when asked their US Youth Soccer/ Alaska Youth Soccer adult member passes. No coaching is allowed from other than the technical area.

- The technical area for State Cup will extend to six feet from the touchline, and ten yards to either side of the half-way line for a total of twenty yards.
- There will be a "no-man's land" of ten yards between the two technical areas.
- Coaching will be restricted to tactical instructions and positive encouragement of one's own team.
- Addressing the referee directly/indirectly, addressing the other team or negative remarks even to own team will not be permitted.
- Parents and spectators will be on the opposite side of the field from the technical area.

SECTION 2: GOALS - 12U; US Soccer Player Development Initiatives (published in September of 2016, page 45), stipulate that "Goals should be no larger than 7 feet (height) x 21 feet (width). The document further recommends a 6.5 x 18.5 goal. Goals at 6'x18' (the .5 inches is the outside of the post or bar dimension not the inside dimension). FIFA Laws of the Game state the goal size in round numbers, in the 2016/2017 modified laws of the game from US Youth Soccer have also stated the goal size in round numbers. The tournament goals fall within the definition of approved goals and have been verified by the US Youth Soccer National office.

SECTION 3: PLAYER INJURY. In accordance with AYSA Rules of Play, Article X, Rule 9b, "No player should be allowed to play in any regularly scheduled game with an injury that can be aggravated by playing or which constitutes a danger to others.

- Game day officials have the final say on clearing a cast protector; NCAA approved cover should be acceptable.
- Players may not play with casts that extend to above the elbow and inhibit the player's ability to move the arm.
- No restrictions on color of cast protector.

- Any supportive orthopedic device must be padded to the satisfaction of the referee administrator.
- The team manager must have a medical release from the player's doctor allowing the player to participate.

SECTION 4: FIELD MARSHALS. Each team should provide a Field Marshal Per Game. refer to the Field Marshal Policy.

- Field Marshals must wear the Field Marshal Identification or vest during the match.
- Field Marshals must have a cell phone available during the match.

SECTION 5: COMPLEX RULES.

- The use of non-approved Unmanned Aircraft Systems (UAS), more simply known as a "Drone", at any event that is sanctioned by US Youth Soccer is strictly prohibited. The use of an UAS at any US Youth Soccer event may be approved by US Youth Soccer for a specified promotional activity at an Event, in a designated area/area that are away from youth soccer players, spectators and not over any field of play/practice. Any violator of the policy shall be immediately removed from the Event by Alaska Youth Soccer officials.
- No mechanical devices may be used to cheer (includes canned fog horns of any nature). Approved - songs, chants, cheers, and clappers etc.
- Spectators will not be on the same sideline as the team benches. No one is permitted behind the goal area.
- Park only in the designated parking areas, stay off the grass or reserved areas.
- No Alcoholic Beverages, Glass Containers, Tobacco, or Controlled Substances are permitted; refer to POLICY NO: AYSA102004
- No dogs or other animals are allowed at the fields, headquarters, award area /vendors/ scoreboards (exception: service animals).
- Lost and Found, will be located at the tournament headquarters area.

10) PLAYER/ COACH/ SPECTATOR MISCONDUCT

- Player/coach who receive a *second caution*; in any game, will be suspended to participate in next the game.
- Player or coach who is *ejected* in any game shall be automatically suspended to participate the next game.
- Players ejected from a match may continue to sit in the technical/ bench area unless removed by the referee for continued inappropriate behavior once they have been sent to the bench. Players must remove their game jersey for the remainder of the match.
- If a player is removed from the technical/ bench area they will be escorted from the area; accompanied by a team staff member.
- The player or coach member pass will be retained at the Tournament Headquarters; it may be picked up by a team representative at the completion of the suspension.
- Any coach rostered to more than one team in the competition who is ejected shall sit out a minimum of the next scheduled match of the team with which the ejection was awarded. No communication with players or team management is permitted during the remainder of the game the ejection occurred and the suspended game. Violations of this will result in additional discipline action being taken by the Conduct Committee, including but not limited to additional games suspended or recommendations to the state board. If that team is no longer participating in the games, the coach will serve their suspension with the next team they are coaching in the State cup or National Cup Series.
- Player/coach who receive a *red card/ejected* for a (2) game shall be ineligible to participate for remainder of the tournament.
- **Referee Abuse:** Abuse of Officials in any capacity will not be tolerated - there will be a zero-tolerance policy in effect within regards to Dissent. Dissent includes any words or actions that show disdain for or opposition to the referee's rulings. Dissent by action includes any physical display of anger after a refereeing decision. The Referee has the right to eject a player, parent, coach, or spectator from any game for continual disobedience or as a result of an incident that warrants ejection. The parent, coach, or spectator that is ejected by the referee or tournament official must leave the game/ field/ technical/ bench area immediately for the remainder of the match. If the individual refuses to leave, the game will be forfeited in favor of the opposing team. * Players ejected from a match may continue to sit in the bench area unless removed by the referee for continued inappropriate behavior once they have been sent to the bench.

11) TWO (2) OR MORE GAME SUSPENSION

- Miscellaneous: Any player, substitute or coach who refuses the referee's request for their name, or gives a false name, while the referee is gathering data to report an infringement of the "Laws of the Game", involving them, shall have a minimum of one (1) game added to the suspension that would normally be levied by the Conduct Committee.
- Violent Conduct: Examples include but are not necessarily limited to: Striking or attempting to strike another player, team official or spectator, unlawfully entering the field of play during an altercation.
- Spits at an Opponent or any other Person: Examples include but are not necessarily limited to: spitting or other unseemly acts on or at another person.
- Player or Coach sent off the field of play for Violent Conduct shall be ineligible to participate for the remainder of the tournament; based on the severity of the incident further penalties may occur.
- All protests of additional suspensions must follow the proper hearing request procedures. Appropriate paperwork must be filed within the proper timeline, but the fee will be waived.

12) DISCIPLINARY PROCEDURES AND PROTEST AND APPEALS PROCESS

PROCEDURES: DISCIPLINARY PROCEDURES.

1. The Alaska Youth Soccer officials, known as the Protest & Appeals committee, also known as the Conduct committee, reviews referee send-off reports. They will be reviewed by 12:00 p.m. daily.
2. The Protest & Appeals committee assesses appropriate penalties based on published guidelines.
3. The Protest & Appeals committee findings are to be posted at tournament headquarters.
4. The Protest & Appeals committee as the authority to impose more severe penalties if warranted.
5. Coaches/players must be notified immediately of extended penalties.

6. Appeals of penalties in excess of posted minimums must be made according to established protest and appeals procedures. The deadline for submitting appeals is 11:00 AM on the day following the game in which the send-off occurred. If the appeal is based on a send-off from a game on the last day of the tournament, the State Staff must receive the appeal within seven (7) days of the end of the Tournament. The P&A committee will be convened via a conference call.

7. The State Cup Protest & Appeals Committee will hear appeals.

PROCEDURES: PROTEST AND APPEALS PROCEDURES.

1. All questions relating to qualifications of competitors, to interpretation of the rules, to suspensions and to disputes or protest shall be deferred to the Tournament P&A Committee whose decision shall be final and binding.
2. TO BE VALID and eligible for consideration, protests relating to the grounds, goal post, bars and the apparatus of the game should be in writing and submitted to the State Cup Tournament Headquarters prior to the start of the game.
3. TO BE VALID and eligible for consideration, protests shall be lodged to the State Cup Tournament Headquarters within fifteen (15) minutes after the end of the game.
4. TO BE VALID and eligible for consideration, protests regarding a game must be filed in writing with the Tournament P&A Committee within two (2) hours after the completion of the game in question.
5. ALL protests and appeals must have the official P&A Form completed.
6. ALL protest and appeals must include the following:
 - A. A fee of \$300.00 in cash or certified check
 - B. Five (5) copies of the protest and appeal form
 - C. Five (5) copies of all information to be presented by witnesses
7. The coach of the opposing team has the ability to write down his point of facts without seeing the other coaches written statement.
8. The coach of the opposing team has up to three (3) hours to file their points of fact or other relevant information and submit it to Tournament Headquarters.
9. The Chairman of the P&A Committee shall notify all teams and/or players of the committee’s findings and possible hearing dates and times. Notification shall be via the team representative if the coach or player cannot be contacted.
10. All protest hearings will be held within 24 hours of the filing of the protest at State Cup Tournament Headquarters. If the protest occurs on the last day of the tournament, the Alaska Youth Soccer officials must receive the appeal within seven (7) days of the end of the Tournament. The P&A committee will be convened via a telephone conference call.
11. The Alaska Youth Soccer officials will notify both coaches of the P&A decision after hearing the committee’s decision.
12. The decision of the P&A committee is final.
13. A protest may not be filed against the P&A decision.

ISSUES THAT CAN AND CANNOT BE PROTESTED

- Plea of ignorance to the rules and regulations of this competition is not sufficient grounds for protested or appeal. Violators may expect appropriate action by Alaska Youth Soccer.
- A team CAN NOT protest the draw, -A team CAN protest an illegal player.
- A referee CAN be protested if the referee is incompetent to referee a game due to dehydration, illness, or heat stroke.

PROTESTS OF JUDGMENT CALLS BY THE REFEREE WILL NOT BE ACCEPTED AS A PROTEST!

State Cup Tournament Format and Rules; Changes

Rule Adjustment	Change/ Update	State Cup Committee Approval	Date
O/T (Semi-Final/Championship)	11U / 12U O/T Period Two 5 Min Halves	Yes	07/25/2017
Rule Ten	Caution and Ejected adjusted to align with FIFA	Yes	08/03/2017
Team Roster Limits	Description of non-participant dress	Yes	03/01/2018
Uniforms	Player jersey must have sleeves, approved logos	Yes	03/01/2018
Substitution	Match entrance and jersey restriction	Yes	03/01/2018
Coach Ejection	Sit-out game guidelines	Yes	03/01/2018
Protest and Appeal	Plea of ignorance description	Yes	03/01/2018
Inclement Weather	High Heat Guidelines	Yes	03/01/2018
11U Division Removed	Removed all reference to 11U	Yes	04/05/2018
13U Field Size	Update to reflect 9v9 format	Yes	04/19/2018
12U Heading	Prohibited from deliberately heading the ball	Yes	07/18/2018
Referee Abuse	Description of Guideline	Yes	07/18/2018