

ALASKA YOUTH SOCCER ASSOCIATION

COVID-19 REPORTING PROCEDURES

For COVID-19 reporting and tracing purposes, all teams including but not limited to players, coaches, managers, trainers, and team personnel must remain diligent. Each club must follow AYSA COVID-19 Protocols and reporting process that conform to the State of Alaska Department of Public Health and CDC guidelines.

The procedures are in accordance with the current COVID-19 Protocols to take place for a positive test result or exposure to someone who tested positive. A priority will be given to ensure that the COVID-19 positive person remains confidential according to federal and state guidelines. Clubs and leagues will ensure reporting information shared within their membership is accurate not rumor in the effort to eliminate fear or confusion as each situation (s) arises.

The appropriate guidelines are to take place when a **Club Administrator and/ or Club President** has been notified by a parent or guardian of a possible or confirmed positive for COVID-19. The chain of command outlined below ensures all federal and state guidelines along with maintaining the confidentiality of the individual (s). The club will designate "**One Point Of Contact**" to work directly with the family, State of Alaska DHSS, and Alaska Youth Soccer.

Club COVID-19 Protocols

- 1) Club point of contact will be immediately made aware of the situation from parent, guardian, or coaching staff.
- 2) Club point of contact will communicate with the **Alaska Youth Soccer Office** directly. The point of contact will submit the report within **a 24-hour period** of awareness of the possible or confirmed positive for COVID-19.
- 3) The Club COVID-19 Report link can be found here or on the AYSA website; [Club COVID-19 Club Report](#).
- 4) Club point of contact will communicate with club board; without using individual name (s).
- 5) Club point of contact will email their team (s) with next steps/ clear direction excluding using individual name (s).
- 6) AYSA will communicate directly with the Club point of contact, the individual (s) family, State of Alaska DHSS, league administrator, and the State Referee Association. *NOTE: The club point of contact and the club staff **will not duplicate communication** with the league, referee assigner, or other clubs and teams. ***AYSA will follow current CDC quarantine guidelines approved by Alaska Department of Health and Social Services.***
- 7) AYSA will **directly follow up** with the club and leagues regarding suspension of team activities including league games until DHSS is able to give **clear direction** regarding the next course of action, including additional contact tracing notifications, suspension of team activities, practices and/ or games. AYSA will continue to be updated on notifications to ensure the guidelines are followed by all parties.
- 8) All parties directly involved will be informed of the pertinent information in adherence with confidentiality laws as needed to protect our membership. If the contact tracing investigation shows that past club activities including league games are not at risk, those parties will not be contacted with additional information or public notices.
- 9) A copy of the **Covid-19 Health Screening Result Certificate** along with confirmation that **DHSS Finalized the Notification Procedure** for the current case must be sent to the registered Club point of contact and the Alaska Youth Soccer Office prior to the individual approval for return to club activity.

Note: The State of Alaska DHSS will **determine** how the contact tracing investigation will be conducted. The State of Alaska DHSS will make the determination of the **contact date**; they may require a roster from a team (s) to make contact notifications. Alaska Youth Soccer, clubs and leagues **are not required to** and **should not** do their own contact tracing, the investigation will be handled directly on the Alaska state level.

The individual (s) with a positive test result or exposure to someone who tested positive will follow the **direction of DHSS, quarantine guidelines prior to resuming participation in club activity.**

Note: During this time, the individual (s) should not be allowed to participate in club activities until their quarantine period is over and they receive a negative test result.

During the Contact Tracing case investigation, DHSS will not disclose the identity of the infected individual (s) and the individual (s) that were exposed. Alaska Youth Soccer, clubs and leagues will **ALSO NOT** disclose the individual information or circumstances around the individual (s) case.

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Covid-19 Reporting Procedures

Update on Quarantine Procedure Announcement (12/04/2020)

CDC provided new guidance that allows for shortened COVID-19 quarantines

Dec. 2, 2020 ANCHORAGE — The Centers for Disease Control and Prevention (CDC) revised their [quarantine guidance](#) today to allow people **who may have been exposed to COVID-19** to shorten their quarantine period from 14 days to as few as 7 days **with a negative COVID-19 test**.

CDC continues to **recommend a quarantine period of 14 days**, but now provides **two new options** to shorten quarantine based on local circumstances and resources. The Alaska Department of Health and Social Services has reviewed the updated CDC guidance and supports the following options to reduce quarantine for contacts of persons with SARS-CoV-2 infection:

- Quarantine can **end after 10 days, on day 11, without testing** if no symptoms have been reported during daily symptom monitoring. People should continue to monitor for symptoms for 14 days; if symptoms arise, self-isolate and get tested promptly.
- If communities have enough testing resources, **quarantine can end after 7 days, on day 8, if the person takes a COVID-19 test and receives a negative result**. The specimen **may be collected within 48 hours prior to discontinuation of quarantine**. The person **needs to stay in quarantine until their test result comes back**. Quarantine **cannot be discontinued earlier than day 8**, even if the test result comes back earlier. People should continue to monitor for symptoms for 14 days; if symptoms arise, self-isolate and get tested promptly.

“These changes were made based on data on when people are most likely to test positive and become contagious after close contact with an individual who has tested positive,” said Alaska’s Chief Medical Officer Dr. Anne Zink. “This is a common-sense approach based on the most current information we have about this disease. These shortened quarantine options will continue to help prevent the spread of COVID-19 while easing the burden on those who must quarantine. This new guidance will help Alaskans successfully complete their quarantine requirements.”

Read the CDC guidance: [Options to Reduce Quarantine for Contacts of Persons with SARS-CoV-2 Infection Using Symptom Monitoring and Diagnostic Testing](#)