

Alaska ODP Training Schedule

Saturday, October 17 & Sunday, October 18, 2026

Important Training Information

Players must begin warming up 15 minutes before their scheduled field time in an area off the main field.

The times listed below are the actual on-field training times. GK Training indicates a goalkeeper session.

Please arrive early and be ready to warm up 15 minutes before your team’s scheduled turf time.

Players should dress appropriately for possible cold or wet weather and bring extra layers as needed.

Every player must bring a soccer ball to each training session.

There are no gaps between sessions. Coaches and players must clear the field promptly so the next team can begin on time.

Saturday, October 17

Romig Middle School

Training Time	Team	Coach
8:30–9:45 a.m.	2015 Boys	Scott
9:45–11:00 a.m.	2014 Boys	Chris
11:00 a.m.–12:15 p.m.	2013 Boys	Mike
12:15–1:30 p.m.	2012 Boys	Matt
12:45–1:30 p.m.	2015 Boys	GK Training
1:30–2:45 p.m.	2015 Boys	Scott
2:00–2:45 p.m.	2014 Boys	GK Training
2:45–4:00 p.m.	2014 Boys	Chris
3:15–4:00 p.m.	2013 Boys	GK Training
4:00–5:15 p.m.	2013 Boys	Mike
4:30–5:15 p.m.	2012 Boys	GK Training
5:15–6:30 p.m.	2012 Boys	Matt

Clark Middle School

Training Time	Team	Coach
8:30–9:45 a.m.	2015 Girls	Carly
9:45–11:00 a.m.	2014 Girls	Barat
11:00 a.m.–12:15 p.m.	2012 Girls	Claire
11:30 a.m.–12:15 p.m.	2015 Girls	GK Training
12:15–1:30 p.m.	2015 Girls	Carly
12:45–1:30 p.m.	2014 Girls	GK Training
1:30–2:45 p.m.	2014 Girls	Barat
2:00–2:45 p.m.	2012 Girls	GK Training
2:45–4:00 p.m.	2012 Girls	Claire

Begich Middle School

Training Time	Team	Coach
8:30–9:45 a.m.	2011 Boys	Laef
9:00–9:45 a.m.	2011 Girls	GK Training
9:45–11:00 a.m.	2011 Girls	Jamie
10:15–11:00 a.m.	2010 Boys	GK Training
11:00 a.m.–12:15 p.m.	2010 Boys	Justin
11:30 a.m.–12:15 p.m.	2011 Boys	GK Training
12:15–1:45 p.m.	2011 Boys	Laef
1:45–3:15 p.m.	2011 Girls	Jamie
3:15–4:45 p.m.	2010 Boys	Justin

Sunday, October 18

Romig Middle School

Training Time	Team	Coach
9:00–10:30 a.m.	2015 Boys	Scott
10:30 a.m.–12:00 p.m.	2014 Boys	Chris
12:00–1:30 p.m.	2013 Boys	Mike
1:30–3:00 p.m.	2012 Boys	Matt

Clark Middle School

Training Time	Team	Coach
9:30–11:00 a.m.	2015 Girls	Carly
11:00 a.m.–12:30 p.m.	2014 Girls	Barat
12:30–2:00 p.m.	2012 Girls	Claire

Begich Middle School

Training Time	Team	Coach
9:00–10:30 a.m.	2011 Boys	Laef
10:30 a.m.–12:00 p.m.	2011 Girls	Jamie
12:00–1:30 p.m.	2010 Boys	Justin

Reminder: Arrive early, bring your soccer ball, dress for the weather, and be ready to begin warming up 15 minutes before your scheduled field time.